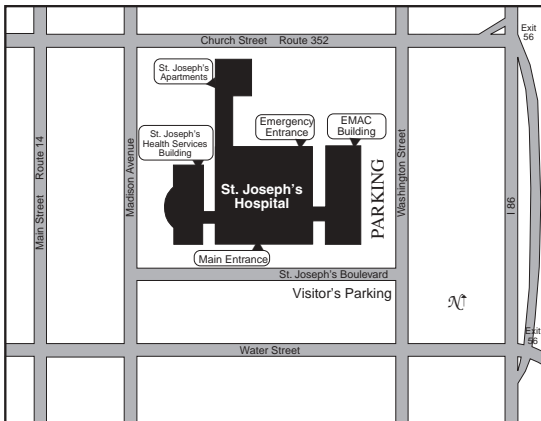


Directions and Map

St. Joseph's is conveniently located in Elmira, NY just off the Southern Tier Expressway (NY Route 17).

From Route 17: Take the Elmira exit (Exit 56). Continue straight on Church Street for three blocks to Washington Street. Turn left onto Washington Street for one block. Then turn right on St. Joseph's Boulevard and proceed to the Visitors Parking Lot.



555 St. Joseph's Boulevard
Elmira, New York 14901
www.stjosephs.org

Department of Medical Imaging
(607) 737-7813

Lexiscan Cardiolite Stress Test

Department
of
Medical Imaging



555 St. Joseph's Boulevard • Elmira, NY 14901

Patient's Name: _____

Date of Scheduled Appointment: _____

Time of Scheduled Appointment: _____

Lexiscan Cardiolite Stress Test

Please report to the Outpatient desk fifteen minutes prior to your scheduled test.

This test will be done to provide more information about your heart.

There are two sets of images required for this study, resting and stress. Resting images are done first.

An I.V. will be placed in your arm. You will be given an isotope called Cardiolite and asked to return 1 hour later for the scan. You may have a glass of milk or a light meal 20 minutes after the injection. When you return to the Nuclear Medicine Department, the scan will take fifteen minutes.

At your scheduled time, report to the Outpatient Desk to prepare for the stress test. Before the test, a routine electrocardiogram (EKG) will be recorded. The test will be described to you and you will have a chance to ask any questions you wish. The

physician will administer Lexiscan through the I.V. line. You may be asked to walk on the treadmill as the Lexiscan is injected in. Your blood pressure and electrocardiogram will be monitored by the physician and technicians. If you have any unusual sensations during the test, let the physician know what you are feeling.

After the Lexiscan is in, you will be given another injection of Cardiolite through the I.V. Upon completion of the test, the I.V. will be removed. Return to the Nuclear Medicine Department one hour later for another fifteen minute scan.

Instructions:

- ✓ **Fast four-six hours prior to the test.**
- ✓ **Allow 3-4 hours total time for the test.**
- ✓ **No aminophylline-containing drugs/ beverages at least twenty-four hours prior to the test, examples:**

coffee	Bronkodyl
Theo-Dur	Quibron
Theophylline	chocolate
Resbid	Slo-Bid Gyrocaps
tea	cola
Decaf Beverages	etc.
- ✓ **If you are unsure about medications, please contact your doctor.**
- ✓ **If you have any other questions, feel free to contact the Nuclear Medicine Department or your doctor's office.**